



END OF SEASON NEWSLETTER 2016-17

So here it is, we have come to the end of another splendid season at Sonning HC. Summer hockey has started, the longer days and summer sunshine have arrived, so here is a quick wrap-up with a final Newsletter!

PROMOTIONS



A big congratulations again to the Ladies' 1s and Ladies' 3s who have secured promotion as League winners this season. Well done to everyone involved!



SEASON HIGHLIGHTS

Ladies:

- Ladies' 1s & 3s – Promoted as league winners!!
- Ladies' 1s reached the Semi-final of the England Hockey Vase knockout competition
- Positive introduction of a number of colts to the ladies section
- A record number of ladies volunteering to umpire!
- New coaches for both the Ladies' 1s and 2s

Men:

- Men's 7s won their most games yet with FOUR colts playing regularly
- Men's 4s recorded their 1st, 2nd and 3rd win in around two years
- Appointment of Simon Briscoe as coach for the Men's 1s and 2s

CLUB PHOTO

Another year, another awesome end of season club photo; with a different back-drop this time...





END OF SEASON DINNER - AWARD WINNERS

A big thank you to Neil Pursell (Men's 1s) & Sarah 'Chezza' Parry (Ladies' 5s) on organising such a wonderful EOSD! Great job guys... the evening was enjoyed by all!

For those who missed the evening, or perhaps those who were there but can't remember(!) please find a list below of all our wonderful award winners:



2016-17 SENIOR TROPHY WINNERS

The Spirit of Sonning - Chad Bosman

Dave Craddock - Rose Scales

Umpire - Steve Ridley

Sue Hicks Goalkeeper Award - Charlotte Norris

MEN'S AWARDS

1st XI - Ian Finlayson

2nd XI - Luke Wise

3rd XI - Harvey Richardson

4th XI - Matt Hopper & Richard Boyden

5th XI - Neil Pipe

6th XI - Ben Van de Vaal

7th XI - Dean Lovelace

Top Goal Scorer - Lewis Cowper

Best Newcomer - Jonty Rider

Most Improved - John Flint

LADIES' AWARDS

1st XI - Chrissi Allan

2nd XI - Claire Gallimore

3rd XI - Flora Grove-Smith

4th XI - Lynn Carpenter

Vets XI - Abigail Bryce

5th XI - Anji Higgins

Avis Lincoln Top Goal Scorer - Jordy Swanborough

Best Newcomer - Frankie Knight & Flora Grove-Smith

Most Improved - Gemma Waddington & Kelly Hanson

SONNING HOCKEY CLUB



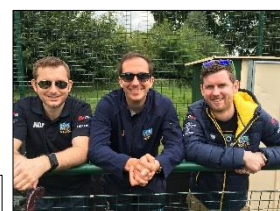
END OF SEASON DINNER



HOCKEY 4 HEROES

On Wednesday 31st May, Hockey 4 Heroes visited Sonning HC for Day 6 of their 10 day challenge to walk 200 miles from Cardiff to Marlow whilst also playing 30 hockey games. The Men's 1s sadly lost 5-3 in a well fought game. Our Ladies' 1s then played the ladies' H4H team on 4th June on Day 10, unfortunately also losing, 1-0.

The guys have raised almost £50k for their cause! If you want to donate, text **OPST77 £5** to 70070 or visit www.justgiving.com/fundraising/OpStretcher





THE COLTS' SECTION

The colts have been very busy this season – now at 97 members!

In March, Shona McCallin came to training and taught some of the colts her Olympic standard skills!

Players have competed in the Thames Valley Minis on Sundays, at various venues across the county, and a number of our Colts have been selected for Berkshire Honours (see below). Fab work!

The Colts Summer sessions start this week, running every **Wednesday 18:15-19:15 until 5th July**. The sessions are being run by ex-Olympian John Shaw and Chris 'Toon' Roberts.

We are **always looking for volunteers** to help with these sessions alongside the main coaches. Please do get in touch if you can help out - whether for just one session or more – email Anne Oke on anneoke17@gmail.com.

COLTS' END OF SEASON AWARDS

Most Improved

U08: Alex Hill	(RU: Heidi Aston)
U09: Anna Burns	(RU: Jasmine Curtis)
U10: Sophie Orbell	(RU: Izzy Barrett)
U11: Ellie Smith	(RU: Poppy Hatrick)
U12: Bo Meadows Tuson	(RU: Eddie Burrows)
U13: Olivia Barrett	(RU: William Green)
U14: Jorja McDonald	(RU: Zach Bonifacii)
U15: Rosa Brannen	(RU: Tom Robinson)
U16: Tyler Dodsworth	(RU: Daisy Haran)

Club Junior of the Year: Nathan Munns

Player of the Year: Isabella Marino

Five Year Awards: Charlie Hankinson, Bo Meadows Tuson, Freya Meadows Tuson, Michael Staig, Oliver Oke

Junior Coaches Medal: Isabella Marino

Umpire Level 1 Theory: Mya Coulter, Lauren Mentipty, Rhys Page

Berkshire Honours: Sean Barker, Honor Hargreaves, Toby Hatfield, Freya Meadows Tuson, Freya Thompson



SONNING HOCKEY CLUB



SONNING FESTIVAL (23RD - 25TH JUNE)

Sonning Hockey Festival is a mere few weeks away... the weekend of **23rd – 25th June** sees the festival go live on our very own pitches! We hope everyone is getting those outfits ordered and ready for a great weekend of hockey and socialising!

We are still looking for volunteers for set up on the Thursday/Friday, bar shifts & litter picking over the weekend, BBQ help & cleaning up afterwards on the Sunday... there are many jobs to be done! The rota has been sent out via email so **PLEASE SIGN UP...** your



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YOUR HOCKEY CLUB



help is really important to the successful and smooth running of the festival and is greatly appreciated, be it before, during or after. The festival is our biggest regular fundraising event for the club, in order to support our hockey. If for any reason you have not seen the rota and would like to help, please email Sharpy directly on ionsharp7@gmail.com.

If you've entered a team, you'll find further details for the weekend to share with your players here: <http://www.sonninghockeyfestival.co.uk/>

Also, if you're looking for a team, get in touch with sonninghcfestival@gmail.com.

SHC CODE OF CONDUCT

A reminder of our Code of Conduct, which we expect all our members to abide by at all times: <http://www.sonninghockeyclub.co.uk/a/sonning-hockey-club-code-of-conduct-44840.html>

BACK TO HOCKEY

This year we are running sessions for **BOTH MEN & WOMEN**.

Both sessions will be on Thursday evenings for 6 weeks from **8th June** until **13th July, 19:45-21:00**.



Please **promote the sessions** to all your friends, colleagues and family – any one that will listen! Word of mouth is how we get most our members!!

legs day

MY WAY

WHEN	Thursdays 8th June - 13th July 7:45 to 9:00pm
WHERE	BCSC, Sonning Lane, Reading RG4 6ST
CONTACT	Alasdair Allan (sonningmenscc@gmail.com)

WWW.ENGLANDHOCKEY.CO.UK/BACKTOHOCKEY

Also, if you can **volunteer time** to attend the sessions to help run exercises or help the players feel welcomed, then please get in touch directly with Fran Weeks (Ladies' 1s) (frances.weeks@hotmail.co.uk) or Ali Allan (Men's 1s) (sonningmenscc@gmail.com) to coordinate this or head along on a Thursday evening at 19:30.





SUMMER HOCKEY

Summer hockey is **now underway**, with both the men & women in action across the whole club throughout the week! If you want to get involved, here are the people to contact:

M1/M2s: James Lockhart

M3-M7s roll-up (Tuesdays 8pm): Andy Staig

L2s/L3s: Ruth Purdy/Lynne Goddard

L4s/L5s: Christy Eyles Goldsmith

***All contact details for those listed above can be found on the Sonning HC website or drop the club an email and we'll put you in touch: sonninghockeyclub@hotmail.com*

BCSC AGM

The main club is having their AGM on **Tuesday 27th June** at **8pm**. Get along to have your say!

HAVE A GREAT SUMMER 'NINGERS! #COTN

Any questions or queries please address them to: sonninghockeyclub@hotmail.com

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Website: www.sonninghockeyclub.co.uk

