



WINTER NEWSLETTER 2015

Winter has been & gone at Sonning HC (so we hope!) and the second half of the season is well under way; despite some feeble efforts by Mother Nature with the frosty winter weather causing some delays on the pitch. This month's newsletter is a busy one for 'news', so read on...

CONGRATULATIONS

Geoff (Ladies' 2s coach) & Kimberley Turner on the arrival of Ineke (born 09/12)

Lorraine (Ladies' 2s) & Matt (Men's 2s) Sellwood on the arrival of Hudson (born 13/12)

Matt Poulton (Men's 1s) & wife Jennifer on the arrival of Phoenix (born 29/12)

Sophie Greenaway (Ladies' 1s) & husband Jules on the arrival of Kit (born 19/01)

Charlie Day (Men's 3s) & Vanessa Bennett (Ladies' 2s) who were married on 12th December



KNOCKOUT COMPETITIONS

We have two teams remaining in knockout competitions this season...



LADIES' OVER 35s – Trophy

The Classics are back in action this Sunday (7th Feb) for the fourth round of the EH O35s Trophy. They are at **home at 2pm vs Cambridge City**, so please get along to The Lane and show your Mighty Ning support. A win takes them through to the Quarter Finals!

LADIES' 1s – Women's Vase

Finally, the Ladies' 1s don't have to wait any longer for their first knockout match of the season - the second round of the Vase - after a bye in the first round. They also have a **home tie at 2pm vs Camberley & Farnborough** on Sunday 14th February.



HOCKEY 4 HEROES WORLD RECORD ATTEMPT!

Hockey For Heroes are attempting a World Record – the most amount of people doing keepy uppies – to be held at Lee Valley Hockey Centre (main pitch) on Sunday 13th March. Time to be confirmed nearer the date.

EVERYONE is welcome, as many people as physically possible – even if you can't hold a stick and have never played before, you are wanted! Adults, juniors, men & women... they want everybody!

If you want to get involved, then please contact [@hockey_4_heroes](#) on Twitter.

There will also be a game vs England O40s featuring some previous international & Olympic stars.



COLTS

- JUNIORS' HOCKEY MATCH SUCCESS!

All our juniors enjoyed success in their December and January matches and the players are looking forward to the next ones being held this Sunday 7th February.

- SAINSBURY'S ACTIVE KIDS SCHEME

The scheme is back and members of our Junior section ask Sonning Hockey Club members to help them to collect as many vouchers as possible between now and 3rd May.



Over the years we have benefited from this scheme through the provision of balls, bibs, cones and other equipment. The more vouchers we collect the more equipment we can obtain for free. So whether you are doing the weekly shop, just making a few purchases or even filling up with fuel, please remember those vouchers.

You can deposit your vouchers in the special Active Kids box in the clubhouse.

EASYFUNDRAISING

Don't forget the club is registered with EasyFundraising, which is a fantastic & easy way for us to raise **free money for the club** – purely through the online shopping that you would do anyway.

To help fundraise, first go to <http://pitchero.easyfundraising.org.uk/support/>, find our club, sign in/register, and then click through to the website you want to make your purchase from and that's it. The price of the goods is exactly the same - you don't pay anything extra, the company donates. For more information, visit: easyfundraising.org.uk/how-it-works

Ask friends and family too! So get shopping 'Ningers! & spread the word! "Every little helps!"

SOCIAL MEDIA COMPETITION

Got a great pic to share?! Have a photo that perfectly displays our Club at its best?! Well now you could win something for those moments! We are still running our main competition on social media - the 'Spirit of Sonning' (#Sonningness).

AJ Churchill:
#COTN on tour!



@gem_wadders:
@MaipoWan is at it again!
This time [helping out] the
Ladies 4s #Sonningness #COTN

To enter; tweet or Facebook a photo, related to the relevant category, **using the hashtag #COTN and the competition phrase!** There will be **prizes** and winners will be announced at the End of Season Dinner!

You can find all our Social Media **details at the bottom** of the newsletter. As always, **please do your bit and share/like all our posts** where you can.



WOKINGHAM SPORTS AWARDS 2015

At the end of November, a bunch of Sonning Hockey Club's finest headed to a prestigious award ceremony that only elite athletes are invited to... Hmm, not sure why we were there now thinking about it...?! But not only did we have numerous nominations, but we also had some winners!! Well done to all those who were nominated or won awards – you are an inspiration to us all & your recognition is thoroughly deserved! #COTN

Nominations/Winners:

- Courage Award: Chris Goodman (Runner-up)
- Unsung Hero: Alison Denham (Runner-up)
- Volunteer of the Year: Maria Willmott (Winner)
- Spirit Award: Men's O35s Touring Team to Brussels (Winner)



SOCIALS

THIS SATURDAY IS CLUB NIGHT!!



It's that time again Mighty 'Ningers... time for the annual Sonning HC Race Night! This year hosted by our very own Men's 1st XI squad.

No ticket needed, just come down to the club from **7pm on Saturday 6th February** for an evening of fun, friends, and responsible gambling... It's the perfect way to move on from Dry January and fulfil your REAL new year's resolution... to make your millions by gambling on the gee-gees!

Do remember – guests are always very welcome at our events so bring them along!

Remaining club nights for your diary:

- 5th March - 'quiet one' at the bar
- 9th/16th April - End of Season Dinner (plans are being finalised & we will have a date for you very soon!)



CHRISTMAS TIME AT BERKSHIRE COUNTY SPORTS CLUB

On Saturday 5th December we had our Christmas Party – held at the Club house; with a yummy Christmas dinner served in the back room, followed by some fantastic Carol singing, accompanied by Rose (Ladies' Club Captain) on her trumpet and finally a disco to dance away the turkey belly. A great night was had by all – especially those pesky little Elves that covered the men's faces in yellow & blue in the changing rooms during the evening! ;-)

On the Sunday, we had our annual inter-club Santas vs Elves mixed game, which the Santas won 4-2. This was followed by Father Christmas stopping by the BCS Club to see the children and hand out some gifts. The back room was his grotto for the afternoon and it really did look spectacular. Do try and get along with your kids next Christmas if you can!





UMPIRING SLOTS

Don't forget to volunteer for umpiring slots and help Chad complete his coordinating schedule early on so he can relax! ☺ You should have recently received an email from him with the schedule and matches that need umpires for the rest of the season. Please sign up where you can – many hands make light work after all, and we can't play hockey without umpires! Give Chad a shout if you haven't had the email or can help: chad@trainingtcs.co.uk ...& remember you get £5 for your time!

YOUR HOCKEY CLUB



WEBSITE & AVAILABILITY

Don't forget to update your availability for the second half of the season if you have not already done so, on our website www.sonninghockeyclub.co.uk If this is not completed you may not be selected for games as captains will assume you are unavailable. Please also ensure you select the option to allow us to use your email address for comms, as all communications now come directly from the website regarding socials, selections, updates and news etc

For a detailed guide to getting your availability up online see: [Website-masterclass-setting-your-availability](#) (or ask your teammates!).

SHC CODE OF CONDUCT

Just a reminder of our Code of Conduct, which we expect all our members to abide by at all times: <http://www.sonninghockeyclub.co.uk/a/sonning-hockey-club-code-of-conduct-44840.html>

NEWSLETTERS

If you have anything you want to include in the newsletters then please let us know by sending an email to: sonninghockeyclub@hotmail.com

HAPPY NEW YEAR 'NINGERS...! #COTN

Any questions or queries please address them to: sonninghockeyclub@hotmail.com

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Website: www.sonninghockeyclub.co.uk

